

T-BAR PIVOT
JBR-134

- ◆ The T bar pivot is a compact and efficient way to perform a T Bar row in the absence of a standard machine.

- ◆ **DIMENSION:**
Length : 92 inches / 234cms
Width : 46 inches / 117 cms
Height : 18 inches / 46 cms

- ◆ **MUSCLE WORKED:**
Erector Spine, Trapezius,
Latissimus Dorsi,
Rear Deltoids & Biceps

